

KERRY COUNTY COUNCIL

BALLYSEEDY AMENITY TRAIL – PHASE 3

AT CAMP, TRALEE, CO. KERRY.

PRELIMINARY SAFETY & HEALTH PLAN

DATE : June 2026



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KERRY COUNTY COUNCIL

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PRELIMINARY SAFETY & HEALTH PLAN

This preliminary Safety and Health Plan has been prepared in accordance with Article 12. (1)(a), Safety, Health and Welfare at Work (Construction) Regulations 2013.

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APPENDIX A RISK ASSESSMENT

Revision Control Table

For & On Behalf of MRG Consulting Engineers				
Rev.	Status	Prepared By	Checked By	Date
T1	Tender Issue	SL	CS	15.05.2026

PREAMBLE

1. This Preliminary Safety & Health Plan has been prepared on a preliminary basis in accordance with Regulation 12(1)(a) of SI 291 of 2013, the Safety, Health & Welfare at Work (Construction) Regulations 2013. The main purpose of this preliminary plan is to allow suitable safe systems of work to be prepared. The Preliminary Plan also allows the PSCS to develop the Safety and Health Plan Construction Stage.
2. The basic emphasis of Safety is that of “Awareness”. (Designers, employees, all staff, machinery, etc. have to comply with the relevant legislation). The Safety, Health and Welfare at Work (Construction) Regulations, 2006(S.I. No. 504 of 2006) were brought into law by the Department of Enterprise, Trade and Employment on the 6th November 2006. The Regulations were amended in 2013. The Regulations are a supplement to existing legislation and regulations in the area of health and safety at work - namely “The Safety, Health and Welfare at Work Act 2005” and “The Safety, Health and Welfare at Work (General Application) Regulations 2007”.
3. The Project Supervisor (Construction Stage) shall make provision for:
 - a. The execution of the project in compliance with all relevant statutory enactments and regulations including the health and safety code
 - b. The execution of the role and duties of Project Supervisor (Construction Stage)

(a) SAFETY PROVISIONS:**IMPLEMENTATION OF PROJECT IN ACCORDANCE WITH SAFETY, HEALTH AND WELFARE AT WORK (CONSTRUCTION) REGULATIONS 2013****(1) Appointment of Project Supervisor (Design Process)**

Kerry County Council as Client has appointed MRG Consulting Engineers Ltd. as Project Supervisor for the Design Process for the Ballyseedy Trail – Phase 3 works project to carry out the duties set out in Article 12 of the Regulations. MRG contact details are as follows;

MRG Consulting Engineers Limited
4 Day Place
Tralee
Co. Kerry
Tel: +353 66 7123130
Email: info@mrg.ie

(2) Appointment of Project Supervisor (Construction Stage)

The Client intends to appoint the Main Contractor to act as Project Supervisor for the Construction Stage of the project to carry out the duties set out in Articles 6 of the Regulations.

(3) Preliminary Safety and Health Plan

In accordance with Article 9 of the Regulations, this Preliminary Safety and Health Plan, as defined in the Regulations, has been prepared for the purpose of providing information to the Project Supervisor Construction Stage for the Ballyseedy Amenity Trail Phase 1 works.

(4) Notifications

It shall be the duty of the Project Supervisor (Construction Stage) to give notice to the Health and Safety Authority before work on the construction site begins, in accordance with Article 22 of the Safety, Health and Welfare at Work (Construction) Regulations 2006.

The notice shall be in writing and shall contain the particulars provided for in the First Schedule of the Regulations.

It shall also be the duty of the Project Supervisor (Construction Stage) to clearly display, and periodically update the particulars required to be in any notice under Article 22 of the Safety, Health and Welfare at Work (Construction) Regulations 2006.

(b) GENERAL DESCRIPTION OF PROJECT:**(1) Client**

Kerry County Council.
County Buildings,
Tralee,
Co. Kerry

The project is of such a scale and duration that written notice (Form AF1) of the PSDP appointment is to be sent to the Health and Safety Authority (HSA) by the Client before the Design Process begins, as required by Regulation 10 of the Construction Regulations.

(2) Designers

MRG Consulting Engineers Limited
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Tel: +353 66 7123130

(3) Related Documents

This Preliminary Safety & Health Plan should be read in conjunction with the following documents:

- (i) Tender Documents for the Ballyseedy Amenity Trail Phase 2 works;
- (ii) Safety, Health and Welfare at Work Act 2005;
- (iii) S.I. No. 291 Safety, Health and Welfare at Work (Construction) Regulations 2013;
- (iv) S.I. No. 445 Safety, Health and Welfare at Work (General Application) Regulations 2012;
- (v) S.I. No. 572 Safety, Health and Welfare at Work (Biological Agents) Regulations 2013;
- (vi) Guidelines and Codes of Practice as published from time to time by the HSA.

(4) Project Description

The project, located in the townlands of Camp and Manor East, involves the construction of approximately 670 metres of an amenity trail, 2.5 – 3.0 metres in width, partly along the northern bank (from Chainage 0 to approx. Chainage 290) and partly along the southern bank (from approx. Chainage 310 to Chainage 670) of the River Lee. The works will extend westwards from the existing Phase 2 amenity trail at Chainage 0 metres as indicated on Drawing Nos. 126001-301 & 126001-302.

1. The scope of the Contract will include the following:

- 1.1. Supply and installation of temporary fencing to site access tracks, from existing farm access road, and set down areas.
- 1.2. Supply and installation of temporary security fencing to site access off existing Tralee Bypass Road roundabout.
- 1.3. Supply and installation of proposed temporary silt fence.
- 1.4. Site clearance and stripping of topsoil from site access roads, set down areas and crane platform.

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- 1.5. Preparation, supply, installation and compaction of granular material to form new site access roads, set down areas and crane platform.
 - 1.6. Removal of existing steel field gates as denoted in Site Clearance drawings and storage on site for later reuse.
 - 1.7. Removal of existing fencing as denoted in Site Clearance drawings.
 - 1.8. Establish temporary invasive species containment areas.
 - 1.9. Site clearance and stripping of topsoil from amenity trail. Preparation of ground each side of proposed bridge.
 - 1.10. Demolish existing headwall and remove existing flap valve.
 - 1.11. Excavate to formation level for surface water culvert at Drainage Outfall No.1 and extension to the existing pipe at Drainage Outfall No. 2. Temporary support to riverbank and/ or dewatering as required by the Contractor.
 - 1.12. Preparation, supply and installation of precast concrete headwalls, solid twinwall corripipes and flap valves to surface water culvert at Drainage Outfall No.1 and extension to the existing pipe at Drainage Outfall No. 2.
 - 1.13. Supply and installation of rock armour and rip-rap stone bed at Drainage Outfall No.1 and extension to the existing pipe at Drainage Outfall No. 2.
 - 1.14. Backfill around twinwall corripipes and headwalls as per drawing details.
 - 1.15. Infill existing drainage channel adjacent to new culvert at Drainage Outfall No. 1.
 - 1.16. Excavate to formation level for bridge abutment & wing wall foundations. Temporary support to riverbank and/ or dewatering as required by the Contractor.
 - 1.17. Supply and placing of blinding concrete to specification on suitable bearing formation.
 - 1.18. Supply, placement and tying on site of all steel reinforcement in accordance with reinforcement schedules and drawing details issued by MRG Consulting Engineers.
 - 1.19. Supply and installation of all formwork to specification as required to form the reinforced concrete abutments. The Contractor shall be responsible for setting out of the formwork to the levels and dimensions indicated on the drawings and for ensuring that both abutment structures are set out accurately relative to each other and in accordance with the drawing information.
 - 1.20. Supply and pouring/ casting of structural concrete to specification in the construction of the abutment structures including forming wall kickers and forming construction joints as indicated on the drawings. Attention is drawn to the requirement for a “curtain wall” at the top of the abutment wall to be poured at a later stage after the concrete abutment structures are cured and the steel bridge structure is installed. This is to facilitate a movement joint installation at both ends of the bridge deck structure and accuracy of dimensional and level tolerances around same.
 - 1.21. Removal of all formwork and supports and general tidy up and snagging on completion of the works.
 - 1.22. Supply and installation of waterproofing system to back of abutment/ wing walls and installation of back of wall drainage.
 - 1.23. Supply, preparation and installation of galvanised steel gabion basket type wing/ retaining walls.
 - 1.24. Preparation and filling of approach ramps.

- 1.25. Supply, fabrication, galvanising, painting, transport ,erection and fixing of all structural steelwork, guard railings and timber decking for the new bridge including:
 - 1.25.1. Production of approved fabrication drawings in 2D and 3D digital format.
 - 1.25.2. Fabrication of the steel bridge.
 - 1.25.3. It is intended to construct the steel bridge in two pieces with shop welded cross members and a bolted splice at the mid-point to facilitate galvanising. Each section of bridge measure approximately 2.63 m wide by 8.55 m long. The steelwork contractor is to closely co-ordinate with their chosen galvaniser all details around the galvanising, paying particular attention to the location of vent and drain holes to ensure a quality even finish free from blemishes and pitting.
 - 1.25.4. Fabrication of handrails.
 - 1.25.5. Shop trial assembly of the bridges including handrails prior to galvanising. No modifications to the steelwork will be allowed post galvanising. The Employer's team and Design Engineers request inspection of the trial assembled bridges for approval prior to disassembling and sending for galvanising.
 - 1.25.6. Post galvanising, all steelwork shall be shop topcoat painted as per Section G of the specification. Final colour to be agreed with the Employer.
 - 1.25.7. Supply and installation of proprietary timber decking comprising of 45mm thick Hi-Grip Excel pressure treated redwood timber decking and provided with epoxy bauxite aggregate inserts (to achieve Minimum Pendulum Test Value (PTV) of 45) as specified on the bridge drawings.
 - 1.25.8. Transport to site, assemble, erection and completion of the steel bridge structure, handrails and installation of holding down anchors and grouting to bearings/ bases. Steelwork contractor to touch up any damage to paint work before leaving site.
 - 1.25.9. Provision and mobilisation, as appropriate, of all such plant, equipment, transport, craneage, access, materials, labour, supervision and workmanship as may be required to carry out the construction and safe installation of the Steel Bridge Structure.
 - 1.25.10. The Steelwork Contractor shall inspect the site before beginning fabrication to access the access routes, set-down areas and crane platform.
 - 1.25.11. The Steel Contractor shall submit to the PSCS, 3 weeks in advance of delivery of the bridge structure to site their proposals for health and safety management of the bridge installation works to include methodology of installation, proposed resources and equipment, crane details and craneage lift plan and risk assessments.
- 1.26. Excavation and preparation of ground around proposed flood relief spillway.
- 1.27. Supply, placement and tying on site of all steel reinforcement in accordance with reinforcement schedules and drawing details issued by MRG Consulting Engineers.
- 1.28. Supply and installation of all formwork to specification as required to form the flood relief spillway reinforced concrete pavement.
- 1.29. Supply and pouring/casting of structural concrete to specification in the construction of the flood relief spillway concrete pavement. Finish the concrete as described in section E41 of the specification.

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- 1.30. Removal of all formwork and supports and general tidy up and snagging on completion of the works.
 - 1.31. Supply and installation of rock armour and rip-rap stone bed to flood relief spillway.
 - 1.32. Carry out underpass pathway repair works and install rock armour.
 - 1.33. Excavation, preparation, filling and compaction of proposed amenity trail with granular fill material.
 - 1.34. Preparation, placement and compaction of amenity trail subbase.
 - 1.35. Backfill to sides of amenity trail with selected excavated material and complete backfill to rock armour with Class 6A granular material.
 - 1.36. Preparation, placement and compaction of amenity trail Clause 804 wearing course.
 - 1.37. Preparation and placement of asphalt binder course to selected areas denoted on the proposed works drawings.
 - 1.38. Placement, levelling, preparation and seeding of topsoil to the sides of the trail.
 - 1.39. Preparation and placement of asphalt surface course to selected areas denoted on the proposed works drawings.
 - 1.40. Excavation, preparation, filling and compaction of both accommodation works farm access roads with granular fill material.
 - 1.41. Preparation, placement and compaction of both accommodation works farm access roads subbase.
 - 1.42. Preparation, placement and compaction of realigned gravel access road to farmyard with a Clause 804 wearing course.
 - 1.43. Preparation and placement of asphalt binder course to both accommodation works farm access roads as per drawings and specification.
 - 1.44. Preparation and placement of asphalt surface course to both accommodation works farm access roads as per drawings and specification.
 - 1.45. Supply and installation of treated timber post and rail/ tension mesh fencing as outlined in contract documents.
 - 1.46. Supply and installation of treated timber post and rail/ tension mesh fencing as outlined in contract documents.
 - 1.47. Supply and installation of field gates as outlined in contract documents.
 - 1.48. Supply and installation of all amenity trail signage, chicane gates and treated timber benches.
 - 1.49. Remove temporary post and chicken wire fencing to site access roads and reinstate farm electric fencing with new wire and timber posts to original alignment.
 - 1.50. Provision to the Client and the Designer of all concrete cube test results in connection with the above and all documentation required to confirm compliance of reinforcing steel, concrete and formwork compliance with the specification.
 - 1.51. Mobilisation of all plant and equipment required to deliver materials to the works locations.
 - 1.52. Implementation of all measures required for the management of the works in accordance with health, safety and welfare at work regulations. The Contractor shall provide all necessary documentation including method statements and risk assessments to the PSCS in connection with same.

2. The Civil Contractor is advised to visit the site to assess access routes, laydown areas, plant and lifting requirements and existing overhead services and to satisfy themselves that they have made adequate provision in their works proposals for the safe construction of the works.
3. Tenderers will be requested to submit details of their experience on similar projects.

(5) Site Location

The proposed amenity trail is situated along the banks of the River Lee at in the townlands of Camp and Manor East, Tralee, Co. Kerry. Details of the trail alignment illustrated on the MRG drawings listed below.

(6) Drawings

The following Works Requirements Drawings and Specifications relate to the proposed Ballyseedy Amenity Trail Ph 3 works at Camp and Manor East , Tralee, Co. Kerry:

1. 126001-101_T1 Site Layout Plan (1:2500)
2. 126001-102_T1 Proposed Set Down Areas & Haul Roads
3. 126001-103_T1 Proposed Temporary Platform Across Existing Bridge- Plan, Sections & Details.
4. 126001-111_T1 Accommodation Works for Landowner-Part Site Layout Plan & Cross Sections.
5. 126001-201_T1 Site Clearance Plan. Sheet 1 of 2
6. 126001-202_T1 Site Clearance Plan. Sheet 2 of 2
7. 126001-301_T1 Proposed Trail Layout and Longitudinal Section. Sheet 1 of 2
8. 126001-302_T1 Proposed Trail Layout and Longitudinal Section. Sheet 2 of 2
9. 126001-303_T1 Cross Sections (CH:30m to CH:375m). Sheet 1 of 2
10. 126001-304_T1 Cross Sections (CH:375m to CH:675m). Sheet 2 of 2
11. 126001-305_T1 Typical Cross Sections and Construction Details. Sheet 1 of 3
12. 126001-306_T1 Typical Cross Sections and Construction Details. Sheet 2 of 3
13. 126001-307_T1 Typical Cross Sections and Construction Details. Sheet 3 of 3
14. 126001-308_T1 Proposed Chicane Gate General Arrangement, Plan and Detail
15. 126001-309_T1 Proposed Signage & Site Furniture Details
16. 126001-401_T1 Bridge Structure No. 3. Plan Layout & Longitudinal Section
17. 126001-413_T1 Bridge Structure No. 3. Bridge Deck Plan Section & Elevation
18. 126001-414_T1 Bridge Structure No. 3. Bridge Deck Sections & Details
19. 126001-415_T1 Bridge Structure No. 3. Bridge Abutment Details
20. 126001-416_T1 Bridge Structure No. 3 Bridge Abutment Wing Walls & Railings
21. 126001-441_T1 Concrete Apron Layout, Cross Section and Details
22. 126001-501_T1 Surface Water Drainage Culvert No. 1 and Details
23. 126001-502_T1 Surface Water Drainage Layout, Cross Section and Details

Transport Infrastructure Ireland (TII) Standard Construction Details (SCD) as follows

24. CC-SCD-00301 Fencing: Timber Post and Rail Fence
25. CC-SCD-00309 Gates: Steel Single Field Gate
26. CC-SCD-00320 Fencing: Timber Post and Tension Mesh Fence
27. CC-SCD-00704 Pavement - Longitudinal Joint Between New Construction and Existing Road
28. Works Requirements - Preliminaries
29. Works Requirements - Works Specification

(c) **PROJECT TIME SCALE AND RESTRICTIONS:**

(1) Programme Details

The overall time proposed for the construction of the trail is 10 months

(2) Restrictions on Working Hours

The normal working hours on the Site shall be between 07.00 and 19.00 hours Monday to Saturday with no working on Sundays and public holidays. Exceptionally, the Employer's Representative's consent for work outside these hours may be given after necessary consultation and written approval. A minimum of 5 days notice shall be required from the Contractor when seeking such consent.

(3) Site Rules and Site Restrictions

The following Site Rules and Restrictions will apply

- (i) The successful contractor will be responsible for completion of the works in a safe manner that is in compliance with site safety regulations and relevant statutory regulations.
- (ii) The PSCS will arrange provision of a site safety induction to employees. All persons working on the project must undergo this induction. During the induction session, contractor employees will be advised with regard to the safety, health, environment, security and hygiene requirements that contractors must adhere to when working on site.
- (iii) The contractor is responsible for inducting his/her own employees in relation to specific hazards that will be encountered during the course of carrying out the works.
- (iv) A proposal is to be prepared and submitted to the PSDP for works associated with establishing access for the works. The contractor shall make his own arrangements for the safe delivery of imported fill materials to the site.
- (v) Implement appropriate environmental protection and mitigation measures during the main construction operations.
- (vi) Allow for Client/ Designers monitoring of the Works.

(4) Mandatory Safety Training

The contractor shall implement the requirements of the construction industry safety accreditation schemes, including Safe Pass and CSCS Certification.

(5) Relevant Adjoining Land Uses

Adjoining land use is predominantly agricultural and amenity.

(6) Traffic Management

Traffic management arrangements at access points from the N22 Tralee Bypass and from Local Road L2059 to the site shall be to the satisfaction of Kerry County Council and affected landowners.

(d) OTHER WORK ACTIVITIES ON OR ADJACENT TO THE SITE:

(1) **Other Contracts which may affect the Works**

There are no other known contract works at present.

(2) **Other Works Activities**

No other works activities known at this stage.

(e) TEMPORARY WORKS DESIGN COORDINATION

(1) **General**

Temporary Works are defined as all works required for the execution, completion, maintenance and or/demolition of permanent works and would normally be removed from site on completion. The contractor has a duty to employ a competent person for the design of any temporary works that may arise on this project.

(2) **Temporary Works Design Certificates**

Under Regulation 11 of the Safety, Health and Welfare at Work (Construction) Regulations 2013, the PSDP has the duty to coordinate the activities of designers, including Temporary Works Designers. To allow the PSDP to perform this duty the Contractor and their appointed Temporary Works Designer are to co-operate in completing and signing any Temporary Works Design Certificates.

The PSCS is to advise the PSDP in advance of any forthcoming temporary works design as the works progress. The Temporary Works Design Certificates are to be prepared initially by the Temporary Works Designer and the associated works are not to commence until the Design has been signed off by the Temporary Works Designer, the Permanent Works Designer and the PSDP.

(f) PARTICULAR RISKS:

The following is a non-exhaustive list of particular risks to the safety and health of persons as set out in Schedule 1 of SI 504 of 2013 together with the opinion of the Project Supervisor for Design Process on what elements, if any, of the works may fall within each particular risk category. It should be noted that many of the risks on the project arise out of working methods which are at the discretion of the Contractor and as a result can not be determined by the Project Supervisor for Design Process.

(1) **Works which put persons at risk of burial under earthfalls, engulfment in swampland (N/A) or falling from a height, where a risk is particularly aggravated by the nature of the work or processes used or by the Environment at the place of work or site.**

Risk of falling from height while working or operating machinery close to river embankments, aggravated by uneven or unstable ground conditions along the trail corridor.

- (2) **Works which put persons at risk from chemical or biological substances constituting a particular danger to the safety and health of such persons or involving a legal requirement for health monitoring.**

The Contractor is to assess the risks associated with coronavirus (covid-19) or other such hazardous organisms and take appropriate measures to prevent transmission between the workforce, delivery personnel and visitors to site. The Contractor should take account of the most recent guidance documentation including the CIF Covid-19 Pandemic Standard Operating Procedures.

- (3) **Work with ionizing radiation requiring the designation of controlled or supervised areas as defined in Directive 96/29/Euroatom.**

None envisaged.

- (4) **Work near high voltage power lines.**

Working adjacent to existing overhead electrical services. Appropriate bunting etc. should be provided when working alongside and under any existing overhead 10/20kV ESB cables. The Contractor is to consult with the ESB in advance and refer to the HSA Code of Practice for Avoiding Danger from Overhead Electricity Lines.

- (5) **Work exposing persons to risk of drowning.**

Working adjacent to the River Lee, where there is a risk of drowning or injury due to sudden rises in water levels. The potential for significant flooding, up to and above the top of the riverbank, has been noted.

- (6) **Work on wells, underground earthwork of tunnels.**

Working adjacent to the River Lee.

- (7) **Work carried out by divers at work having a system of air supply.**

None envisaged.

- (8) **Work carried out in a caisson with a compressed air atmosphere.**

None envisaged.

- (9) **Work involving the use of explosives**

None envisaged.

- (10) **Work involving the assembly or dismantling of heavy prefabricated components.**

None envisaged.

- (11) **Compressed Air**

The Contractor shall take all necessary care when working in the vicinity of compressed air equipment including the wearing of Personal Protection Equipment.

(g) OTHER RESIDUAL RISKS:

We set out below certain residual hazards (other than ‘Particular Risks’ as set out above) identified by us which in our opinion are significant and unusual. This information is provided to the extent appropriate in our opinion to enable reliable performance by a competent contractor. It should be read in conjunction with the contract documents. It should be noted that many of the risks on the project arise out of working methods which are at the discretion of the Contractor and as a result can not be determined by the Project Supervisor for Design Process.

(1) Slope Stability

The slope stability of river embankments – contractors should be mindful that side slopes of embankments are stable and not subject to undue or excessive loading.

(2) Exposure to invasive species (Himalayan Balsam)

Skin irritation, allergic reactions, or environmental contamination during removal of vegetation and handling of contaminated soil.

(h) CONTINUING LIASON:

(1) Arrangements For Liason Between Parties During Works

The management of health and safety on the project will require liaison between the PSCS and the PSDP.

The PSCS should notify the PSDP should any temporary works be proposed.

(2) Unforeseen Eventuality

The contractor is to contact the Employers Representative Engineer immediately upon occurrence of an unforeseen eventuality that may have a safety and health implication or result in substantial design changes and contract period. The Engineer is then to instruct contractor accordingly.

(i) WELFARE FACILITIES:

(1) Electricity

Overground ESB cables may be located within the works area.

(2) Water / Sewage

There are some existing buried watermain services, drainage services and utility within the amenity trail works areas and within access road to the works.

(j) MAINTENANCE:

Maintenance of the outfall drainage systems to the River Lee may be required to remove accumulated silt/dirt and to maintain surface water runoff drains.

(k) PUBLIC USE:

The site is to be appropriately secured from public access for the duration of the works. Safety fencing will be required around excavations.

(l) SAFETY FILE:

Pursuant to Regulation 13 of the Safety, Health & Welfare at Work (Construction) Regulations 2006 the Project Supervisor for the Design Process is required to prepare the Safety File. Under Regulation 21, the Project Supervisor for the Construction Stage is to supply relevant information for inclusion in the Safety File to the Project Supervisor for the Design Process. The following is a non exhaustive list of relevant information that may be required from the PSCS;

- Health and Safety Plan prepared by PSCS
- Main Contractors Safety Statement
- Copy of contractor's method statements & risk assessments
- Details of any material tests and results relevant to the works, including compaction tests, CBR testing of the subgrade, quality verification of imported granular materials and concrete cube testing

The information contained in this preliminary Safety and Health Plan has been prepared prior to the commencement of work on the site. It does not take account of any matters or information which may come to light after that time. The detailed, comprehensive identification of hazards and control of risk on site is the responsibility of the contractor to be monitored by their appointed PSCS.